



In The *Business of* KINDNESS

“The meaning of life is to find
your gift. The purpose of life is to
give it away.”

By Erin Legg

The Suryavanshi family has been blessed with the gift of care, and in turn, has established Warm 'n' Cozy Personal Care Homes — industry-leading facilities providing nurturing, loving support for residents. “At all our care homes, our residents come first,” says Dr. Sudhir Suryavanshi. “Their physical, mental and emotional health is our prime concern.”

Sudhir and his wife, Dr. Rekha Suryavanshi, are trained physicians with roots deep in traditional, family-rich East Indian culture. The combination of their formal medical training and lifelong investments in interpersonal relationships provide a strong foundation for Warm 'n' Cozy. At each of the three homes — “Spark,” “Elite” and “Maya” — personalized care is offered through a home-like environment, social and physical activities facilitated by trained care professionals, and nutritious, customized meals. “We’re here to prevent loneliness, to relieve the aches and pains of aging, and to heal the mind; this is our work,” says Sudhir.

Warm 'n' Cozy is home to residents with a range of needs. Some require an environment designed to prevent injuries and accidents. Others require assisted care for general daily activities, including getting out of bed or bathing. For some, the social companionship found at Warm 'n' Cozy is what appeals to them. “One-on-one care is available, too,” Sudhir explains. “Our care is tailored to each resident. The crucial part of care is that it is needed now, needed tomorrow, and continues right to the end. Warm 'n' Cozy is equipped for continuous care delivery until the end of life.”

“Maya” (located at 743 Atton Crescent) is the most recent Warm 'n' Cozy care home to open its doors. With few opening still available, Sudhir encourages family or friends seeking a reputable facility for a loved one to come see the home for themselves. Bedrooms are spacious to accommodate personal needs and specialized equipment; ensuite bathrooms allow for privacy; common areas set the scene for socializing with other residents or visitors; and the state-of-the-art fully stocked kitchen allows for

Palak, Safal, Sudhir and Rekha Suryavanshi

BEST OF THE BEST

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nutritious prepared meals, any time of the day.

The unique approach Warm 'n' Cozy takes towards personal care is enhanced through the Suryavanshis' ever-evolving perspectives. They actively invite visitors and children into the care homes as part of the socializing aspect of care. “It’s a family effort, and also a community effort, to keep seniors engaged and feel loved, feel part of a family,” Sudhir smiles. “Kids from daycares and local schools, family and friends, and volunteers from all walks of life stop by.”

Because of the success demonstrated through their Warm 'n' Cozy Personal Care Homes, the Suryavanshis have established a care consultancy division through which they

provide professional guidance for others in the field. Topics of these consultations range from opening and setting up a brand new care home to seniors' nutrition, housekeeping, entertainment and socializing for care home residents, and guidance for assisted daily living. “The business of care is here to last,” says Sudhir. “If you have the passion to help others, you too can be in the business of care!”

Warm 'n' Cozy Care Inc. also has a home care service. For seniors or those who are healthy enough to be in their home and need a tad of help, or those who may be recovering from illness, Warm 'n' Cozy In Home Assistance provides care to clients in the comfort of their home.

For more information about openings at “Maya” or to arrange a care consultation by personal care specialists, please call 306.261.5688. ■



Warm 'n' Cozy Personal Care Homes
 “Spark” — 502 Paton Cres. Saskatoon
 “Elite” — 739 Atton Cres. Saskatoon
 “Maya” — 743 Atton Cres. Saskatoon
 (openings available)

306.261.5688

safal@warmandcozy.ca | warmandcozy.ca